CENTER FOR REPRODUCTIVE RIGHTS HOW TO LOBY

DO

- Lobbying is merely speaking your mind. The tone and content of what you say will shift slightly based on the audience (including history of support or opposition), setting and presence of other people.
- Research the Member of Congress and know where they stand on your issue.
- **Be informed.** Understand the issues and present them clearly.
- Be respectful and polite, but hold your ground on the information and facts if challenged.
- Do not waste time repeating points other people have already made. Think about something fresh and still important to say.
- **Pay attention to cues** from staff about length and depth of the meeting.
- Offer assistance to allies and friends freely and respond quickly to requests for help or information.
- **Offer talking points** to defeat your opponent's major arguments.
- Ask about the situation in the state back home, voter support for issues, messages that may work, etc.

- Ask about logistics of the votes, timing and procedural matters.
- Refer obliquely to members of Congress ("your boss" "the Senator") – it somehow seems more respectful when talking to staff.
- Share the floor gracefully when in a large group, but do strive to assert yourself in some way.
- Thank them for the meeting.
- Enjoy yourself! This is a key part of a democracy and lots of fun to boot.

DON'T

- Never threaten or appear to threaten in any way a member of Congress due to their position on issues.
- Never bring up money or campaign contributions. It is an ethics violation to discuss this in a Hill office.
- Don't get angry, show undue emotion, be rude or otherwise sully the name of the organization.

